

Understanding Our Assessment Options: Screening vs. Comprehensive Evaluation

Screening (Option 1):

Screening, or **Option 1**, is ideal for individuals seeking a basic understanding of their cognitive and behavioral patterns, particularly in relation to ADHD and autism. This option involves:

- Completion of detailed paperwork and scales.
- A clinical interview, with an additional interview with a partner, family member, or friend if possible and available.
- An assessment that typically takes about 2 hours.
- Provision of diagnostic impressions and forward-looking recommendations at the end of the evaluation.
- This option will offer a formal diagnosis but does not include any report or documentation.

Choose Option 1 If:

- You are seeking self-knowledge and clarity about potential ADHD or autism symptoms.
- You desire a concise evaluation process with diagnostic impressions and recommendations.
- Documentation or a detailed report is not necessary for your current needs.

Comprehensive Evaluation (Option 2):

Comprehensive Evaluation, or **Option 2**, goes beyond the screening to provide a more thorough and detailed assessment. This option includes:

- All components of Option 1.
- Additional testing to assess not only ADHD and ASD but also other potential underlying psychiatric concerns and personality functioning.
- Two appointments for the clinical interview and testing, along with a feedback session to discuss the findings and recommendations.
- A comprehensive report detailing all testing, findings, and recommendations.
- This option is suited for those who may wish to share the results with treating providers, require documentation for various purposes such as school, work, or applying for disability, or simply desire a written assessment for a comprehensive understanding of their strengths and challenges.

Choose Option 2 If:

- You are seeking a detailed and extensive understanding of your or your loved one's cognitive, emotional, and behavioral functioning.
- A formal report and documentation are essential for your needs, such as for educational planning, workplace accommodations, or treatment planning.

- You want to explore potential underlying psychiatric concerns and personality functioning in addition to ADHD and ASD assessments.

In Conclusion:

Our two assessment options are designed to cater to diverse needs and requirements.

Option 1 (Screening) is a streamlined and efficient way to gain diagnostic insights, while

Option 2 (Comprehensive Evaluation) offers an in-depth exploration and detailed reporting for a multifaceted understanding and various official documentation needs.

At North Metro Psych, we are dedicated to ensuring that each individual receives the appropriate level of assessment and support to navigate their unique journeys effectively.